



# PappuDaddu Healthy Foods

Start your healthy journey with  
PappuDaddu--your easy path to a  
fresh, energetic life!





PAPPUDADDU HEALTHY FOODS

பப்புடட்டு ஹெல்தி ஃபுட்ஸ்

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Premium Quality at an  
Affordable Price

[www.pappudaddu.com](http://www.pappudaddu.com)







PappuDaddu

# About Us



PappuDaddu Healthy Foods ensures top-notch quality with years of expertise. We create natural, high-quality products like health-boosting ingredients, probiotics, and plant-based extracts. Our products, including health mix, Black Urad Porridge Powder, Weight Loss Powder, Moringa Powder, and a variety of masala blends, as well as body care and skin care products, support a healthy lifestyle.

Serving globally, we make nutritious and delicious meals accessible to everyone. Enjoy the best homemade healthy foods with our spice blends that bring the comforting taste of home-cooked meals to your kitchen.



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# HEALTHY PRODUCTS



## Health Mix (சத்துமாவு)

Kickstart Your Day with Our All-Natural Health Mix – 33+ Power-Packed Ingredients for a Healthier You!

Quantity	100gm	250gm	500gm	1kg
Price	₹75	₹175	₹340	₹670

### Benefits

- Gut Health Boost
- Bone Support
- Energy Enhancement
- Cholesterol Control



## Black Urad Porridge Powder (கருப்பு உளுந்து கஞ்சிமாவு)

Start Your Day with a Wholesome Breakfast—Ideal for Your Wellness and Energy at Any Age!

Quantity	100gm	250gm	500gm	1kg
Price	₹65	₹150	₹290	₹570

### Benefits

- Nutrient-Rich
- Digestive Health
- Energy Boost
- Bone & Muscle Support



## Weight Loss Powder (இயற்கை எடை குறைக்கும் பொடி)

Get on track with a healthy, homemade solution that works with your body!

Quantity	100gm	250gm	500gm	1kg
Price	₹99	₹240	₹470	₹910

### Benefits

- Metabolism Boost
- Appetite Control
- Fat Burner
- Energy Surge



### ABC Malt (ஏபிசி மால்ட்)

Power-packed natural nutrition for every age. Boost immunity, energy, and overall well-being with our delicious blend.

Quantity	100gm	250gm	500gm	1kg
Price	₹150	₹350	₹680	₹1350

#### Benefits

- Stronger Immunity
- Healthy Skin, Hair & Vision
- Healthy Digestion
- Natural Energy



### Black Rice Porridge Powder (கருப்பு கவுனி அரிசி கஞ்சி பொடி)

Experience the rich flavor and health benefits of black rice porridge. A natural and delicious way to boost your immunity !

Quantity	100gm	250gm	500gm	1kg
Price	₹130	₹310	₹600	₹1150

#### Benefits

- Antioxidant Powerhouse
- Fiber-Rich & Digestive Support.
- Natural Energy

**Discover the taste of true wellness.**

**Our healthy products are crafted with natural ingredients to nourish your body and revitalize your life. Experience the difference of pure, wholesome nutrition.**



# MASALA PRODUCTS



## Black Sesame Urad Powder (கருப்பு எள்ளு கருப்பு உளுந்து பொடி)

Enjoy the goodness of homemade flavor with every bite, and nourish your body naturally!

Quantity	100gm	250gm	500gm	1kg
Price	₹75	₹175	₹340	₹670

### Benefits

- PCOD Prevention
- Digestive Harmony
- Heart & Kidney Health
- Energy & Bone Strength



## Moringa Powder (வறுத்து அரைத்த முருங்கை பொடி)

Add a dash of homemade wellness to your meals with every spoonful!

Quantity	100gm	250gm	500gm	1kg
Price	₹75	₹175	₹340	₹670

### Benefits

- Nutrient Powerhouse
- Energy Enhancer
- Immunity Support
- Detox & Cleanse



## Curry Leaf Powder (வறுத்து அரைத்த கறிவேப்பிலை பொடி)

Bring home the goodness of homemade flavor with a healthy twist!

Quantity	100gm	250gm	500gm	1kg
Price	₹75	₹175	₹340	₹670

### Benefits

- Flavorful Health
- Digestive Aid
- Nutrient Boost
- Natural Detox



### Guntur Dhal Powder (குண்டுர் பருப்புசாத பொடி)

Elevate your cooking with this tasty and healthy homemade addition!

Quantity	100gm	250gm	500gm	1kg
Price	₹70	₹160	₹300	₹580

#### Benefits

- Flavorful Boost
- Spicy Kick
- Nutrient-Rich
- Versatile Spice



### Idly Powder (வறுத்து அரைத்த இட்லி பொடி)

Spice up your mornings with this easy and flavorful addition to your Breakfast!

Quantity	100gm	250gm	500gm	1kg
Price	₹60	₹140	₹270	₹530

#### Benefits

- Crunchy Delight
- Quick & Easy
- Nutritious Boost
- Versatile Flavor



### Sambar Powder (வறுத்து அரைத்த சாம்பார் பொடி)

Treat your taste buds to the delicious warmth of homemade flavor with every bite!

Quantity	100gm	250gm	500gm	1kg
Price	₹75	₹175	₹340	₹670

#### Benefits

- Authentic Flavor
- Spice Boost
- Digestive Comfort
- Versatile Delight



### Raw Chilli Powder (வர மிளகாய் பொடி)

Add a dash of homemade spice to your meals and let the flavor explosion begin!

Quantity	100gm	250gm	500gm	1kg
Price	₹75	₹175	₹340	₹670

#### Benefits

- Spice Up Your Life
- Metabolism Boost
- Rich in Antioxidants
- Versatile Spice

# BODY CARE & HAIR CARE PRODUCTS



## Face Pack Powder (இயற்கை முகம் பொலிவு பொடி)

Pamper your skin with the gentle touch of nature and reveal your inner glow!

Quantity	100gm	200gm	500g	1kg
Price	₹120	₹220	₹550	₹1100

### Benefits

- Natural Glow
- Deep Cleansing
- Hydrates & Nourishes
- Fights Acne & Blemishes



## Herbal Bath Powder (மூலிகை குளியல் பொடி)

Treat yourself to the natural, homemade touch of relaxation and glow with every bath!

Quantity	100gm	250gm	500gm	1kg
Price	₹100	₹240	₹470	₹930

### Benefits

- Glow Naturally
- Allergy Shield
- Daily Defense
- Healthy Nourishment



## Herbal Hair Pack Powder (மூலிகை தலை முடி பேக்)

Nature's remedy for strong, lustrous hair. Revitalize your scalp and nourish your locks with our blend of traditional herbs

Quantity	100gm	250gm	500gm	1kg
Price	₹130	₹310	₹600	₹1150

### Benefits

- Reduces hair fall
- Adds shine and luster
- Treats dandruff
- Natural ingredients





### Herbal Hair Oil (மூலிகை கூந்தல் எண்ணெய்)

Give your hair the care it deserves with the gentle power of homemade herbal goodness!

Quantity	100ml	200ml	500ml	1L
Price	₹175	₹340	₹825	₹1600

#### Benefits

- Nourishing Shine
- Scalp Health
- Strength & Growth
- Natural Protection



## SPECIAL PRODUCTS



### Uthukuli Cow Ghee (ஊத்துக்குளி பசுநெய்)

Experience the true taste of quality with our homemade Uthukuli Cow Ghee and bring a touch of traditional richness to your meals!

Quantity	200ml	500ml	1L
Price	₹195	₹425	₹840

#### Benefits

- Rich Flavor & Aroma
- Boosts Immunity
- Aids Digestion
- Energy & Vitality



### Uthukuli Buffalo Ghee (ஊத்துக்குளி எருமைநெய்)

Experience the unmatched richness of traditional buffalo ghee and elevate your meals with a touch of homemade excellence!

Quantity	200ml	500ml	1L
Price	₹225	₹475	₹940

#### Benefits

- Creamy Richness
- Energy Powerhouse
- Heart & Bone Health
- Digestive Aid



**Hill Honey**  
(மலைத்தேன்)

Experience the authentic taste of nature with every drop of our Hill Honey – a truly sweet treat from the hills!

Quantity	100gm	250gm	500gm	1kg
Price	₹150	₹360	₹700	₹1350

**Benefits**

- Pure Sweetness
- Health Boost
- Soothing Remedy
- Versatile Flavor



**Kombu Honey**  
(கொம்புத்தேன்)

Savor the natural sweetness of Kombu Honey and elevate your taste buds with a touch of homemade excellence!

Quantity	100gm	250gm	500gm	1kg
Price	₹175	₹425	₹825	₹1600

**Benefits**

- Unique Flavor
- Nutrient-Rich
- Natural Energy Boost
- Versatile Sweetener



**Maavadu**  
(மாவடு)

Tangy, spicy perfection in every bite!

Quantity	300gm
Price	₹200

**Benefits**

- Tangy Delight
- Digestive Aid
- Nutrient Boost
- Versatile Treat



**Rice Pappad**  
(அரிசி அப்பளம்)

Make every meal a little more exciting with the unbeatable crunch of our homemade Rice Pappad!

Quantity	250gm	500gm	1kg
Price	₹99	₹240	₹470

**Benefits**

- Crisp & Light
- Gluten-Free Goodness
- Low-Calorie Snack
- Versatile & Tasty



### Urad Pappad (உளுந்து அப்பளம்)

Elevate your snacking experience with the delicious crunch of our homemade Urad Pappad!

Quantity	250gm	500gm	1kg
Price	₹90	₹215	₹415

#### Benefits

- Crispy Goodness
- Protein-Packed
- Digestive Health
- Versatile Snack



### Topiaca Pappad - Jeera (மரவள்ளிக்கிழங்கு அப்பளம் - சீரகம்)

Experience the perfect crunch and flavor of our Topiaca Jeera Pappad—your taste buds will thank you!

Quantity	100gm	200gm	500gm	1kg
Price	₹75	₹140	₹360	₹700

- Crunchy Delight
- Aromatic Spice
- Light & Tasty
- Versatile Enjoyment



### Topiaca Pappad - Potato (மரவள்ளிக்கிழங்கு அப்பளம்-உருளைக்கிழங்கு)

Treat yourself to the mouthwatering crunch of our Topiaca Potato Pappad and elevate every meal with a touch of homemade delight!

Quantity	100gm	200gm	500gm	1kg
Price	₹80	₹150	₹390	₹770

#### Benefits

- Crispy Comfort
- Potato Perfection
- Snack Sensation
- Versatile Treat



### Topiaca Pappad - Onion (மரவள்ளிக்கிழங்கு அப்பளம் - வெங்காயம்)

Savor the delicious crunch and irresistible flavor of our Topiaca Onion Pappad and make every bite a delight!

Quantity	100gm	200gm	500gm	1kg
Price	₹85	₹160	₹410	₹800

#### Benefits

- Savory Crunch
- Onion Zest
- Light & Tasty
- Multi-Purpose Delight



**Our spices aren't  
just about adding  
flavor—they're  
packed with health  
benefits too!"**



## **Why PappuDaddu Healthy Foods is Your Best Choice!**



- 100% Natural Ingredients from Trusted Farmers!
- Premium Quality at an Affordable Price
- Absolutely No Preservatives
- No Artificial Colors – Just Pure Goodness
- Homemade with Utmost Hygiene
- A Perfect Blend of Tradition and Innovation
- Nourishing for All Ages – From Little Ones to the Elders in Your Family
- Support Your Healthy Lifestyle

# Thank You!



## Contact Us



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## SPECIAL OFFER

AVAILABLE FOR  
BULK  
PURCHASES!

### Transportation Charges

- **Within Tamil Nadu:** Orders of Rs. 500 and above will be delivered free of charge. For orders below Rs. 500, actual courier charges will apply.
- **Other States of India & International Deliveries:** Actual courier charges will be applied based on the location.